

**Neighbors Who Care
2023 End of Year Report
For Arizona Women's Partnership**

We are grateful for the AzWP grant for \$2,000 this past year. These dollars supported volunteer recruitment activities, background checks, trainings, and managing an additional 54 community volunteers to provide free essential non-medical support services to homebound and disabled low-income women in Sun Lakes and south Chandler.

Those 54 new volunteers gave us a total active cadre of 374 in 2023. Those 374 volunteers touched the lives of 600 homebound and disabled clients on 16,577 occasions and also assisted hundreds of additional community members through caregiver support groups, educational programs, lockbox installations, memory cafes, etc.

Most of those we serve live in an unincorporated community with no traditional services such as para-transportation or Meals on Wheels. Our volunteers provide the services that are critical to allowing our clients to remain living independently in their own homes for as long as possible. Our records indicate that our average client has been receiving vital services for over 5 years. That's 5 years longer they are able to continue to choose to age in place.

AzWP support from groups such as AzWP we continue to add to our range of services. We now provide transportation to medical appointments, evening meal delivery, grocery shopping, business assistance, minor home repairs, daily reassurance calls, friendly visiting, respite care, welfare visits, scheduled shopping van service, hospital discharge support, case management and referrals, senior center at home connections, caregiver support groups, and educational programs. We were the lead agency on creating Sun Lakes as a Dementia Friendly community and we also partner in a weekly memory café (one of the first in Arizona) for dementia sufferers and their caregivers.

The population we serve continues to age, with more than 40% being over 85.

The need for our services continues to rise as baby boomers age. In 2023, we provided transportation to 5000+ medical appointments, many vital to the health of the clients.. We delivered 8,000 hot, made-to-order meals to clients who can no longer easily cook for themselves.. Our hospital discharge follow-up program served 65 especially frail seniors with no family support system.

2024 marks our 30th anniversary. Throughout the 30 years we have been in business, our volunteers, supported by generous foundations such as yours, have donated over 400,000 hours, driven over 2,750,000 miles, delivered almost 200,000 hot meals, and helped a neighbor on 424,000 occasions.

In the last three years, we have added an annual aging conference attracting 300 attendees each year to learn from experts serving the senior markets. It's one way we can provide helpful information, serving seniors beyond our 32-square mile service area.